

# Osgoode Community Newsletter

Spring 2025

## Event Highlight - Porchfest 2025

Mark your calendars, rally your crew, and get ready because Osgoode PorchFest is coming back the second weekend of June 2025! A whole weekend of community wide events, including over 60 Music and Dance Performers, the O-YA Family Block Party, Food Truck Alley, Beer Garden & Stage, the Artisan Market and the Osgoode Car Show hosted by Highway 43 Car Club! Something for everyone!

### **Friday June 13, 2025**

6:30 pm Open Mic Night at No Go Coffee/Vibration Studios registration

### **Saturday June 14, 2025**

11:00 am - 3:00 pm O-YA Block Party

11:00 am - 7:00 pm Performances along Osgoode Main St, Food Truck Alley at St.Pauls

7:00 pm No Go Coffee & Vibration Studios After Party

### **Sunday June 15, 2025**

9:00 am - 3:00 pm Artisan Market, Car Show, Performances, Touch-A-Truck and more at the village square & Foodland parking lot!

### History of Porchfest

Porchfest began when Ashley Koning-Smith and her husband, Rob Smith, moved to Osgoode in 2020. During the height of the COVID-19 pandemic, Rob, a musician, would play on their porch to unwind. Before long, neighbors began coming out of their homes to listen, creating an unexpected sense of connection during a time of isolation. Inspired by this, Ashley and Rob started brainstorming ways to extend this community spirit to the rest of Osgoode.

The first Porchfest took place in July 2021 with six performances scattered around the village, providing a safe way for people to come together while following public health guidelines. Since then, the event has grown each year. The most recent Porchfest featured over 50 performers, a food truck alley, a car show, a block party, and an artisan market, solidifying it as a beloved community tradition.



## Osgoode Library

Through numerous moves within the community, the Osgoode branch continues to offer the best in friendly, personal service to its clients, along with the full resources of the OPL.

The current hours of the library are:

Monday 10:00 am – 5:00 pm

Tuesday: 10:00 am – 8:00 pm

Wednesday: 1:00 pm – 5:00 pm

Thursday: 1:00 pm – 8:00 pm

Saturday: 10:00 am – 2:00 pm

**Library Tutorial 1:1:** Need computer help?  
Meet 1:1 with one of our staff for an hour of help. Stop in and make an appointment.

### **For adults:**

Coffee and Cards, Mondays from 12–1:30pm:  
drop in for some social time with your neighbours, Scrabble, Euchre, coffee and more!



**Ottawa Public Library**  
**Bibliothèque publique d'Ottawa**  
InfoService@BiblioOttawaLibrary.ca  
BiblioOttawaLibrary.ca  
613-580-2940    



  
**Osgoode Village**  
Community Association

## Osgoode Food Cupboard

The Osgoode Food Cupboard is available for any Osgoode Ward resident in need.

**Address:** 2450 Stagecoach Rd Catholic Church St. John the Evangelist  
Enter through back door to the basement

**Contact:** 613-821-1481

**Hours:** Saturday 10:00 am – 12:00 pm

\*\* Delivery available

## theVillage Storehouse

theVillage Storehouse is an independent food pantry. Funded and operated by the generosity of the Greely residents and the surrounding communities

You can find us at the corner of Bank Street and Parkway Road, in Greely at 7275 Parkway Rd

Being located inside Parkway Church provides the Village Storehouse with access to washrooms, wifi, wheel chair accessibility, and parking.

When entering the building look for signs directing you to the Storehouse Food Pantry.

### **Hours:**

Sunday (10–1), Tuesday–Thursday (10–3)

For more information visit:  
[www.villagestorehouse.ca](http://www.villagestorehouse.ca)

# Upcoming Community Events

## **Euchre at Osgoode Legion Every Monday; 7:00 pm**

Join us every Monday at 7 pm for some classic card game fun! No experience needed—just show up, grab a seat, and get ready to play. 3284 Sunstrum St

## **Saturday Breakfasts; 2nd Saturday of the month 8:00 am – 10:00 am**

All ages community breakfast once a month at the Osgoode Kars United Church ( 5540 Osgoode Main St)

## **Tune-In Give-Back; Saturday May 3, 2025 7:00 pm – 11:00 pm**

A night of music at No Go Coffee raising funds for O-YA's Happy Minds Program! \$25/ticket includes light snack, live performances and a chance at door prizes. E-mail MickThompson1981@gmail.com for tickets and details.

## **The Goode Run; Saturday May 10, 2025 9:00 am – 11:00 am**

You can run or walk the 2K or 5K, do both or come to race central to cheer on the runners! Departing from and ending at Osgoode's Stuart Holmes Arena; the 2K & 5K are multi-surface runs through the village. **Please keep your eyes open for road closure** information! Dogs and strollers are welcome to participate in the 2K. Visit [www.o-ya.ca](http://www.o-ya.ca) for all the details and registration

## **Osgoode Porch Fest; Friday June 13, Saturday June 14 & Sunday June 15**

A grass-roots, crowd sourced, FREE family friendly event! A celebration of live music on porches along Osgoode Main St and nearby streets, all within walking distance. Currently looking for volunteer porches, if you'd like to offer your porch to host a performance email [osgoodeporchfest@gmail.com](mailto:osgoodeporchfest@gmail.com)

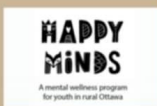
## **O-YA Block Party; Saturday June 14 11:00 am – 3:00 pm**

O-YA's annual block party takes place during Porchfest! This free family friendly event is fun for all ages with live performances and multiple activity stations. There is something for everyone! Visit [www.o-ya.ca](http://www.o-ya.ca) for details

## **Canada Day in Osgoode; Saturday July 1, 1:30 pm – 10:00 pm**

FREE family friendly event at the Osgoode Legion. Parade down Main St at 12:00 pm & the annual children's bike decorating contest. Followed by live entertainment and Children's activities at the Osgoode Legion (3284 Sunstrum St)





TUNE-IN GIVE-BACK, OSGOODE WARD YOUTH ASSOCIATION & HAPPY MINDS



# TUNE-IN GIVE-BACK

A CONCERT FOR O-YA HAPPY MINDS

\$25



FEATURING  
KRIS MANGIONE  
KAYLEIGH STYLES  
CAYDEN LANTHIER  
SHELLEIGH AND PHIL



purchase tickets @

purchase tickets on-line @ [tune-in-give-back.eventbrite.ca](http://tune-in-give-back.eventbrite.ca)

May 3rd, 2025 | 7 pm - 11 pm | @ No Go Coffee Co.

All Ages Show | \$25 Admission includes light snack + chance to win a door prize!

Fundraiser for Happy Minds: A Mental Wellness Program for Youth in Rural Ottawa

Email: [MickThompson1981@gmail.com](mailto:MickThompson1981@gmail.com) for more info



## Branch

After you join through the Veteran Welcome Program, you can transfer your membership to your local Legion Branch at no additional cost. Joining your local Branch gives you access to even more exclusive benefits, including member sports, Branch activities and the chance to add your voice to local and national Legion efforts. **To join your local Branch, simply visit with your membership number and request a transfer.**

Join the Legion for free today



## Counselling Services

Our counsellors are here to support you to cope with:

- Depression/low mood
- Anxiety/worry
- Stress
- Relationship difficulties
- Sexuality
- Assertiveness
- Life transitions
- Body image
- Self-esteem
- And more...

NROCRC offers short-term counselling as well as information and referral services to individuals, couples, and youth aged 12-17 years old living in the NROCRC catchment area. Support is provided by telephone, video and in person.

*NROCRC provides counselling services that are offered by Registered Social Workers and Registered Psychotherapists.*

**Adult Counselling:** Contact our intake at 613-596-5626, ext. 249 or email [intake@nrocr.org](mailto:intake@nrocr.org)

**Youth Counselling:** Contact our intake at 613-596-5626, ext. 308 or email [youthintake@nrocr.org](mailto:youthintake@nrocr.org)

O-YA

## TEEN LEADERSHIP CAMP

July 28 - August 2, 2025

Spend the week learning new skills like problem solving, event management, and conflict resolution. Participate in special guest workshops and go on a team building field trip!

**Grades 7 - 12**  
**\$295**



## Osgoode Outreach: A Fun Get-Together for Adults Aged 55+!

Osgoode Outreach is a volunteer-run organization offering a weekly social drop-in for independent adults aged 55+ living in Osgoode and the surrounding communities. Each week, between 30 and 40 people gather for games, crafts, and friendly conversation.

The group meets every Tuesday from 10:00 am – 12:30 pm at the Osgoode Legion. Refreshments are available, and we ask for a small donation (up to \$5) to help cover some of the costs. Once a month, on the 2nd Tuesday, we enjoy a low-cost light lunch. Outreach often holds optional discussion groups, led by interesting guest speakers from the community, and a few times each year, we organize excursions for the group.

### Coming Up This Spring:

Date	Time	Event
April 8	10 am -12:30 pm	▪ Light Lunch - \$10 must pre-register*
	12:30 – 2 pm	▪ Discussion Group: Resiliency & Resistance – Coping in a Time of Political Chaos with NROCRC please pre-register*
April 15	10 am -12:30 pm	▪ Social, Cards, and Crafts
	11:30 am	▪ Discussion Group: Legacy Projects - A Patchwork of Memories Quilting Project with Marguerite Rogers
April 22	10 am -12:30 pm	▪ Social, Cards, and Crafts
	11:30 am	▪ Discussion Group: Osgoode Community Chronicles with Tracy Blanchfield D'Aviero
April 29	10 am -12:30 pm	▪ Social, Cards, and Crafts
	12 pm	▪ New Game Day ▪ Chair Yoga with Georgia Morrisette
May 6	10 am -12:30 pm	▪ Social, Cards, and Crafts
	11:30 am	▪ Discussion Group: Outcomes of Climate Change with Mir Ali
May 13	10 am -12:30 pm	▪ Light Lunch - \$10 must pre-register*
May 14	TBD	▪ Field Trip: Exploring the Ottawa LRT
May 20	10 am -12:30 pm	▪ Social, Cards, and Crafts
	11:30 am	▪ Discussion Group: Advanced Care Planning with Beth Donovan Hospice
May 27	10 am -12:30 pm	▪ Social, Cards, and Crafts
	12 pm	▪ New Game Day ▪ Chair Yoga with Georgia Morrisette
June 3	10 am -12:30 pm	▪ Social, Cards, Crafts and Outdoor Games
June 10	10 am -12:30 pm	▪ Light Lunch - \$10 must pre-register*
		▪ Annual General Meeting

\*The regular socials are drop-in, but please pre-register for the lunches by signing up at Outreach or by emailing [OsgoodeOutreach@gmail.com](mailto:OsgoodeOutreach@gmail.com).

For more information about Osgoode Outreach, please email [osgoodeoutreach@gmail.com](mailto:osgoodeoutreach@gmail.com), visit Osgoode Community Outreach on Facebook, or call Elizabeth at 613-826-4695.



ITR Theatre  
presents



# Geezers

by Tommy Lee Johnston  
directed by Lorraine Hopkins

*"A funny, heartwarming drama about growth and wisdom,  
learning and loving, life and death"*

Evenings  
April 25, May 1, 2  
7:30 pm

Dinner & Show  
April 26  
6:00 pm

Matinées  
April 27, May 3  
2:00 pm



Osgoode Community Centre  
5660 Main St, Osgoode  
tickets at [itrtheatre.com](http://itrtheatre.com)



Rural Ottawa South Support Services

PRESENTS

THE 4TH ANNUAL

# MOTORCYCLE

## RIDE FOR ROSSS

### POKER RUN & BBQ

A Charity Motorcycle Ride in Support of Rural Seniors

## June 21st 2025

- Meet at 8am at ROSSS
  - Ride leaves at 9am
- ALL RIDERS, ALL BIKES WELCOME

\$40 PER RIDER OR \$60 WITH AN ADDITIONAL RIDER  
(includes swag bags, lunch and refreshments)

Just want to join for the BBQ? \$25

SILENT AUCTION & 50/50!

REGISTER AT [WWW.ROSSS.CA](http://WWW.ROSSS.CA)

ENTERTAINMENT!

## Osgoode Township Museum Update

2024 was a busy year for The Osgoode Township Museum, and 2025 is already off to a great start. Last year we hosted four summer markets, a community corn roast, March break activities, debuted a special tour of our collections for Doors Open, continued our TikTok series Osgoode's Objects, hosted two historical demonstration days, installed three exhibits in our temporary gallery, continued our family-friendly craft program 'Second Saturday,' continued our Museum Talks series, hosted the first (annual!) Pumpkin Smash, and hosted the annual tree lighting event. We launched a new digital project, Sign My Book, which is a digitized yearbook database and puzzle-based interactive, which can be played online or at the museum!

This year, we've hosted two guest speakers who shared their research on Ottawa's baseball history and Bataireacht, a historical Irish martial art. Our first temporary exhibit is all about Osgoode Township's baseball history and will be up until June! We welcomed 80 people to the museum for 5 days of March Break programming, and what a great way to ring in the Spring!

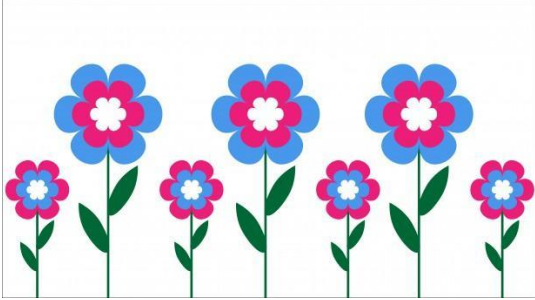
Our Spring and Summer programs are in development, but with tea parties, Doors Open, historical hand workshops, demonstration days, outreach in the community and more planned, you'll have plenty of time to Meet your Museum and get involved in history this Season!

For more information, follow us on Instagram (@osgoodemuseum), Facebook (/Osgoode Township Museum), and keep up to date with our events and registrations on our website ([www.osgoodemuseum.ca](http://www.osgoodemuseum.ca))

## Osgoode-Kars United

### Church

Osgoode-Kars United Church weekly services are held at the Osgoode location at 5540 Osgoode Main on Sunday at 10 am. Every third week of the month they will be held at our Kars location at 6656 Rideau Valley Drive South, in Kars at 10am.



## Osgoode Pharmacy

The Osgoode Pharmacy (3192 Logan Farm Dr below the Dr's office) has Flu Shots & Covid-19 shots! No appointment necessary, drop by and fill out a form (health card information required).

### **Hours:**

Monday - Thursday 9:00 am - 6:30 pm

Friday: 9:00 am - 6:00 pm

Saturday: 9:00 am - 12:00 pm

Sunday Closed

FREE Delivery program for prescriptions, inquire at pharmacy or by calling: 613-826-0667

## The Osgoode Garden Club

Calling all bird watchers, gardeners, and gardening-curious people! Save Thursday April 10 for the next Osgoode Village Garden Club meeting.

**Rebecca Boyar of West Coast Seeds will be speaking about spring bird care.**

**Date:** Thursday April 10

**Time:** 7:00 p.m. (Please arrive between 6:30 - 6:45)

**Location:** Fred Alexander Room at the Osgoode Community Centre

Stay tuned for an update on our annual plant sale. We are working out the details.

Be sure to follow us on Facebook (Osgoode Village Garden Club) and keep an eye on our website: [osgoodegardenclub.ca](http://osgoodegardenclub.ca) for the latest garden club and plant sale news!

We are a small but mighty group of backyard gardeners. Everyone is welcome at our meetings - no gardening experience necessary!





# DANCING IN THE ARK!

With Rob Smith from Patio Lanterns

Saturday April 12, 10:30 - 11:30 am



Arrive at 10:30 am to make your shakers and tambourines!

Then dance and sing around the church to the music of Rob Smith of the Patio Lantern's!

Ages 3 to 9  
All children must be accompanied by an adult.

Free Will Offering

St. Paul's Anglican Church Osgoode  
5462 Osgoode Main Street

# Jazz Vespers Tribute to George Gershwin



St. Paul's Anglican Church Osgoode

Sunday, April 13, 4:00 pm

Featuring the Mark Ferguson Quartet

Mark Ferguson - Keyboard, Trombone

Alex Mastronardi - Bass

Jamie Holmes - Drums

Mike Tremblay - Saxophone

5462 Osgoode Main Street, Osgoode.

Free Will Offering



**50 ASL**  
**PRESENTS**



THE  
**'GOODE RUN**  
IN SUPPORT OF THE OSGOODE YOUTH ASSOCIATION

**2nd Saturday  
In May!**



REGISTRATION & DETAILS: [WWW.O-YA.CA](http://WWW.O-YA.CA)  
ONLINE REGISTRATION & WALK UP

2K WALK/RUN ROUTE (THROUGH VILLAGE)

DOGS WELCOME ON THE 2K ROUTE!

5K CHIP TIMED RUN (THROUGH VILLAGE)

FUNDRAISER FOR THE OSGOODE YOUTH ASSOCIATION





## Wake Up your Joints!?

Did you know there are 350 joints, 640 to 850 muscles, and 206 bones in the human body? You've probably heard that sitting is the new smoking. In other words, lack of sufficient exercise is as detrimental to your health as is smoking. Currently the minimum standard throughout the world for health benefit is 150 minutes moderate-intensity aerobic activity per week along with muscle strengthening activities at least twice a week and balance challenge activities. Cardio as simple as a brisk walk, 10, 20, 30 minutes at a time – enough times to get a total of 150 minutes per week.

But what about those joints you haven't used in.....decades?

When joints are quiet for long periods (like aging) synovial fluid decreases. This thick fluid with egg like consistency is the grease for joints to keep down friction between joints. With age and lack of use, the fluid can get low which can result in stiffness and other age related issues like osteoarthritis. Synovial joints are the most common joints in the human body. Examples of synovial joints include wrists, shoulders, knees, hips elbows, thumb, fingers, neck, toes.

What about the other joints?

"An active life style keeps joints healthy. Healthy joints also play an important role in preventing early-onset of pain and joint replacement surgeries – especially hip and knee arthroplasties " according to Dr. Robert Molloy, of Cleveland Clinic. Physical therapist Gary Calabrese, PT, DPT, also from Cleveland Clinic, proposes flexibility (like yoga, tai chi), stretching, cardiovascular, weight training exercises. *The Best Exercises To Keep Your Joints*

What about arthritic joints?

Believe it or not, exercise can be good for arthritic joints. Although painful, exercise can lower pain and make moving easier by increasing muscle strength around joints. Appropriate exercise like walking and swimming can improve joint movement. Even moderate exercise can make movement easier. It also can improve bone strength – bone and muscles strength prevent stress on joints. Before beginning exercise, you should check with your doctor.

Osgoode Fitness for Positive Aging Group can help! (See more details on the next page)



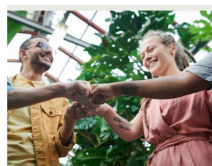
# Fitness for Positive Aging

What is Fitness for Positive Aging?

Fitness for Positive Aging program (formerly Walking Club) is comprised of exercise routines that meet almost all of the requirements cited in the previous text and more. It also includes core exercises that promotes good posture and less pressure on joints. The program begins with warming up joints in the hands, wrists, ankles, knees, hips, back, fingers, thumbs, shoulders, elbows, back, toes and, of course, all the muscles connected to the joints! Warm-up is followed by standing low impact cardio, cool-down, strength/endurance, balance challenge, and flexibility/stretching routines.

The senior fitness program from the Canadian Centre for Activity and Aging (CCAA) from the University of Western Ontario provides guidance for the routines. Routines share a common objective to engage large muscles groups plus some less commonly exercised muscles (and of course, joints!) and also routines for balance and flexibility. The program's goal is to provide seniors with the ability to live a long life independently. Canadian Centre for Activity and Aging - Western University Every person should confirm that their doctor approves beginning any exercise program especially if they've been a long time couch potato!

Fitness for Positive Aging: Monday and Thursday, large hall, Osgoode arena, 9:00 to 10:00am. For more information and/or attending, email [fitpositiveaging@rogers.com](mailto:fitpositiveaging@rogers.com).



Join us for a community gathering of care and coping!

## **RESILIENCE AND RESISTANCE: COPING AND CONNECTING IN A TIME OF POLITICAL CHAOS**

Considering ongoing political, social, economic, and environmental stresses, the past several years has left many of us in our community with heightened anxiety and uncertainty about the future.



### **RURAL OTTAWA GATHERING**

WEDNESDAY APRIL 16TH, 2025  
from 7:00-8:30pm  
Osgoode Youth Association (O-YA)  
5479 Osgoode Main St

Free!  
Plus light refreshments provided.

All welcome!  
Non-partisan.  
Open to  
teens, adults,  
and older adults.

## **AFTER SCHOOL HOMEWORK CLUB AT O-YA**

**FULL-TIME SPOTS:**

Registration opens April 14, 2025

**PART-TIME SPOTS:**

Registration opens May 5, 2025

**Academic Year 2025 / 2026**

Grades 1 - 6

2:45 pm - 5:30 pm

- ✓ Healthy Snack
- ✓ Homework Time
- ✓ Focus on Mental Health & Wellness
- ✓ Physical Activity
- ✓ Happiness & Fun!
- ✓ Full & Part Time Spaces Available
- ✓ Receive discounts on our camp days

**More Information**

[www.o-ya.ca](http://www.o-ya.ca)





# The Great Social Luncheon

FORMALLY KNOWN AS DINERS

MORE OF ALL YOUR FAVOURITE THINGS!



**MORE** entertainment!

**MORE** chances to win prizes!



**MORE** gifts from local businesses!

**PLUS**

Exciting themes showcased through vibrant décor, stunning flowers, and engaging games!

**\$18**

## Food Games Music

**1ST WEDNESDAY  
EVERY MONTH**

Starts  
April  
2nd!



**12:00PM-2:00PM**

Location will rotate  
between Richmond, Kars,  
Osgoode, and Greely

For more information or to register contact:  
Lyn Rorke 613-692-4697 ext. 224



**ROSSS**  
Rural Ottawa South Support Services

**Smart** Preparing for  
Life's Transitions  
**Aging**

**Workshops Coming To Manotick Soon**  
April 8<sup>th</sup> to May 27<sup>th</sup> 2025, at Manotick Public Library  
5499 South River Road, Manotick  
Contact Dawn Cooper 613-820-4988 or email  
cooperdawn@gmail.com

Many older adults make significant life decisions in crisis moments. When this happens to you or your family, you often don't have adequate tools, resources and information to make the best decisions for you, or your loved ones.

The Smart Aging Program is a series of workshops covering key topics facing older adults today. Each workshop is designed to provide older adults with the information they need, before they need it, so that they and their loved ones are prepared to make informed decisions. Smart Aging's various workshops provide people with an opportunity to discuss important issues with others, reflect on their own personal circumstances and decide on actions they want to take to reach their desired outcomes. More Information: <https://coaottawa.ca/smartaging/smart-aging-workshops/>.



Ottawa Public Library  
Bibliothèque publique d'Ottawa  
InfoService@BiblioOttawaLibrary.ca  
613-580-2940

The Council  
on Aging  
of Ottawa



Le Conseil sur  
le vieillissement  
d'Ottawa





# Have you had your daily dose of connection?

A Friendly Voice is a free, confidential “warm line” for older Ontarians 55+ who just want to chat with a friendly person who cares, without expectations or judgement.

Whether you're struggling with loneliness or simply looking to add some connection to your routine, we offer an empathetic ear and good conversation.

Maybe it's been a while since you talked to someone, or maybe you're grieving a loss, or maybe you just want to gush about your new grandbaby, A Friendly Voice is here to listen.

Our phone line is open seven days a week, 8 a.m. to 10 p.m.



A Friendly Voice is provided by Rural Ottawa South Support Services and made possible by a Provincial Impact Grant from the Ontario Trillium Foundation.



Ottawa area: (613) 692-9992 | Toll-free: 1 (855) 892-9992 | [aFriendlyVoice.ca](http://aFriendlyVoice.ca)







## Did you know ROSS provides Meals on Wheels?

They're nutritious and delicious!

Fresh meals delivered daily.

Frozen meals delivered once per week.

Walk-ins welcome

GIVE US A CALL!

**613-692-4697**

**ext. 241**

## NEED A RIDE?



Give ROSS a Call!

**613-692-4697**

**ext. 237**

We'll gladly take you  
where you need to be!

## Home Support Services

Let us take care of that for you!

ROSS offers home support services to help you with everything from light housekeeping and laundry to meal preparation.

Our services are offered at an hourly rate for a minimum of 2 hours. The frequency of service is up to you: one time, weekly, monthly, daily... your choice!

All our home support workers have their vulnerable sector police check and caring hardworking individuals.

Give us a call today to find out how we can help you!

**613-692-4697 ext. 223**



# Community Groups and Resources

**Nepean Rideau Osgoode Community Resource Centre (NROCRC)**

613-596-5626

**Osgoode Youth Association (O-YA)**

613-826-0726 info@o-ya.ca

**Metcalfe & District Ringette Association**

president@mdra.ca

**Osgoode Township Museum**

(613) 821-4062 manager@osgoodemuseum.ca

**Osgoode Library**

613-580-2940

**Osgoode Outreach**

Elizabeth at 613-816-0436 or elizabeth.financial@outlook.com

**Garden Club**

Sheila at beichler@rogers.com

**Salvation Army**

Gay Pratt 613 601 3116

**Trinity Bible Church**

613-826-2444 office@trinitybiblechurch.ca

**St. James United Church**

613-826-1154 okpc\_minister@teksavvy.com

**St. Paul's Anglican Church**

613-489-0998 office.parishofsouthcarleton@bell.net

**The Catholic Communities of St. Brigid & St. John the Evangelist**

613-821-0761 stbrigid.stjohn@gmail.com

**Girl Guides of Canada, Osgoode Sparks, Embers and Guides**

Deb Cross or Jackie Allan at osgoodegirlguides@gmail.com

**Beavers and Cubs**

Group Commissioner, Scouter Chris Davis, mr.cdavis@gmail.com

**Osgoode Legion**

(613) 826-2777

**Osgoode Village Community Association**

www.osgoodevillage.org

**Ward 20 Councillor Office**

www.georgedarouze.ca

613-580-2490

